

## **Stay at home & stay independent with our home care in Voorhees NJ**

At Sunlight Care we provide affordable home healthcare in Voorhees NJ. Our goal is to provide home healthcare for your loved ones in Voorhees so you and your loved ones can lead productive lives. With Sunlight Care home healthcare servicing all developments in Voorhees NJ, you are not alone. Our flexible services and customized home healthcare plans will improve your family's quality of life while maintaining dignity for everyone.

Voorhees NJ provides many activities for seniors to participate in, but many seniors don't because they are unable to drive or are worried about the difficulties of making a trip. Utilizing Sunlight Care home health aides to participate in local activities is a way to improve your loved one's quality of life and stay healthy through exercise. From Senior Citizen centers with activities which include a computer club, bingo, bridge, lite aerobics, senior Tai Chi and an AARP driver's workshop. To even helping with food shopping, We are here to help.

For example when dealing with live in assistance in Voorhees, caregivers generally do not drive and should never leave the client, shopping for food and other essentials are usually performed by a family, obtained through a delivery service or provided through a Sunlight Care discounted service specially designed for our live in assistance families. Voorhees NJ has a grocery store that will do your shopping for you if you order it on line. The Acme at 700 County Route 561 Voorhees NJ will provide this service and we will be happy to coordinate. As a service for our live in assistance clients a Sunlight Care companion will pick-up and deliver these groceries for a very small fee. Sunlight Care also has companions that can perform other shopping trips and provide transport for doctor visits.

### **Home Health Care in the Comfort of Your Voorhees NJ Home**

- **Companion or Personal Home Care** to keep your loved one safe and comfortable when you can't be there or if you need a little respite for yourself.
- **Skilled Nursing Care** to help maintain your loved one's level of health or to help restore the level of health lost from an accident or illness.
- Utilize our **Nurse Advocacy service** to help you navigate your way through the health care maze.



**We can provide home care services in Voorhees NJ, from 1 hour to 24 hours a day, overnights as well as home care live-ins.**

### **Why use Sunlight Care?**

- ✓ We provide very personal service. We answer the phone 24/7/365 and you can speak to the owner anytime.
- ✓ We are one of the few Voorhees NJ home care companies approved as an aide training facility. The time we invest in our aides during training allows for optimum aide selection & home care matches. We know our aides!
- ✓ Our Voorhees home care aides' arrival and departure times are actively monitored via our proprietary timekeeping system. If they are 5 minutes late we know about it and start fixing it.
- ✓ Our client web portal allows Voorhees NJ clients and family to see your home care visit schedule or visit history.

### **Our home care aides are our employees – not contractors. They are:**

- Certified, bonded and insured
- Background checked and drug tested
- Carefully selected and well-trained
- Compassionate & reliable

### **Home Care Services**

#### **Companion Home Care Services in Voorhees NJ**

- ♥ Light housekeeping
- ♥ Laundry, bed making and linens
- ♥ Clean kitchen and bathroom daily
- ♥ Socialization, crafts, games & hobbies
- ♥ Grocery shopping and errands
- ♥ Nutritious meal preparation
- ♥ Monitor medications
- ♥ Local transportation and Escort to stores, doctors, religious services or friends.
- ♥ Advise family of health changes

#### **Personal Home Health Care Services in Voorhees NJ**

- ♥ Bathing, grooming and toileting
- ♥ Assist with transfer from bed/chair, dressing, walking
- ♥ Assist with exercises and range of motion

#### **Skilled Nursing Care in Voorhees NJ**

- ♥ Administer medication
- ♥ Tube feedings and care
- ♥ Catheter Care
- ♥ Ostomy/Colostomy care
- ♥ Other nursing needs

#### **Nurse Advocate Services in Voorhees NJ**

- ♥ Update client's medical history
- ♥ Coordinate care among the health care team
- ♥ Be there, when the family is not able
- ♥ Visit in the hospital, advocate for client
- ♥ Attend care meetings in rehab

**Sunlight Care**  
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